



Come participate in Kirkmont's 1st Ever: **Energizer-A-Thon**

Dance away your stress with 2 hours of energizers led by past and current staff and help raise needed funds! All ages are welcome to participate! Learn how below.

Kirkmont Center's First Energizer-A-Thon How To:

Step 1: Sign up to participate at: https://docs.google.com/forms/d/e/1FAIpQLSdSFKbwsa-6Z3hGn5n2rP-DLLuVtD6FjY4kN-idbiOT-pVCyg/viewform?usp=sf_link

Step 2: Download and print the Donation Sheet from the e-mail you receive

Step 3: Work until April 23rd asking for donations for each minute you do energizers non- stop (the max is 2 hours or 120 minutes)

Step 4: e-mail a scan/copy/picture your completed sheet and the total you will raise to Amanda (vista@kirkmontcenter.org) by April 23rd at 5:00pm. (totals will be calculated and announced during the stream)

Step 5: Print off your participation bib (sent to your e-mail address) and get ready to energize!

Step 6: Tune in on April 24th at 2:00pm for our energizer a thon! Be sure to have someone film you or take pictures to send to us!

Step 7: Send us your checks/ Venmo donations by May 1st and Enjoy your success!

All participants will receive e-mails with more information, the link to the zoom meeting where the energizer a thon will take place, and a "energizer's bib" to wear when participating! You will also have your name and the amount you raised posted as the background of the Energizer-A-Thon!

Participants can also win fabulous prizes!

1. Most Amount Raised: \$25 in the camp store
2. Most raised from a single supporter: \$10 in the camp store and gets to pick the dessert (ANY) one meal at camp!
3. Best Dancing Outfit/Picture submission: Gets to pick a meal at camp when they come next.
4. Best Video Submission: Gets to pick a meal at camp when they come next.

The more participants we get the more prizes we can have !